



SUCCESS COACH PROFILE



AUBREY RIEDEL, RDN, LD
Success Coach

With over 3 years of experience in hospital clinical nutrition patient care and food service and clinical nutrition management, Aubrey shares her expertise with dietitians across the country as a Success Coach with DM&A's Nutrition Division.

Aubrey was born and raised in Kansas and has a passion for both inpatient care and nutrition wellness programs. She is an alumna of Kansas State University and an avid sports fan! Aubrey holds a double Bachelor of Science in Dietetics & Gerontology

Within the past year Aubrey has been actively working as a Success Coach with DM&A. She is also a former customer of DM&A for both room service and the Malnutrition Education and Training Program. Her current full time role at a hospital in Kansas allows Aubrey to provide patient care and leadership on a daily basis. Aubrey's passion for providing education and training to dietitians on the nutrition focused physical assessment (NFPA) and education for the care of malnutrition takes her on the road as a Success Coach with DM&A. Her passion and knowledge is evident in the work she does.

Aubrey believes in the DM&A Nutrition Division Mission: "By providing coaching, education and tools, we can help to empower Registered Dietitian Nutritionists and Certified Diabetes Educators to achieve personal and professional success by taking them from Good to Best."

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