



OUR
SERVICES



DM&A NUTRITION DIVISION MISSION

“To provide coaching, education, and tools, that empower Registered Dietitian Nutritionists to provide excellence in patient care and achieve personal and professional success by taking them from good to best.”

Meet the Team



Michelle Mathura, RDN, LRD
Director



John H. Lamberson, MS, RDN,
LDN, CDE
Success Coach



Louise Merriman, MS, RD,
CDN
Executive Success Coach



Nha Nguyen
Program & Data Manager



Lendy Black, MS, RD, CDN,
IBCLC
Success Coach



Joyce Porter MBA, RD, CDN,
CNSC
Success Coach



Hannah Cham-A-Koon, MS,
RD, LD, CNSC
Success Coach



Caitlin Stewart, MS, RDN,
CDN, CNSC
Success Coach



Caitlin Coughlin MS, RD,
CDN, CNSC
Success Coach



Douglas Zwiebel, MHA, RHIA
Data Coach and Analyst



Otha George Ellis Jr.
Data Analyst



Focus on Service

Professional Coaching, Education & Training:

- Malnutrition Education and Training
- Clinical Nutrition Operations Assessment
- Infant Feeding Preparation Area
- D10 Catalytic Leadership Coaching
- Leadership & Business Planning



Malnutrition Education and Training Program – **Highlights**

Nutrition Focused Physical Exam

- Onsite coaching, education, and training during patient care
- Offsite education and coaching
- Training Modules
- Annual Competencies

Malnutrition Data Analysis

- Incremental Revenue Reporting
- Coded Prevalence
- Readmission Rates
- Dietitian & Physician Match Report

Program Coaching & Education Support

- Provider, Coding, and Clinical Documentation Specialist Education and Coaching
- Electronic Health Record Review and Coaching
- Executive Level Education and Communication



Nutrition Focused Physical Exam

Nutrition Focused Physical Exam (NFPE) is a standard of nutrition assessment and care that allows Registered Dietitian Nutritionists (RDN) to provide a more thorough nutrition assessment and plan for intervention, with a focus on assessing for malnutrition.

Who BENEFITS? YOUR patient population, YOUR facility, and YOUR entire RDN Staff.

WHAT TO EXPECT

Your RDN Coach will teach you how to approach a patient, put a patient at ease, get more out of your interview, differentiate nuances of malnutrition-related changes in body composition versus those associated with aging or neurodegenerative diseases, assess body composition changes in the difficult historian, determine if fluid accumulation is masking fat and muscle loss and assess for functional status via hand grip strength.

EXCELLENT COMMUNICATION

We strive to stay connected and support you and your goals! Our team provides virtual offsite support along with onsite training as your RDNs provide patient care.

We also provide NFPE and Hand Grip Strength training modules including competency assessment tools.

CARING FOR MALNUTRITION WORKSHOP

Interested in becoming the leader in your region regarding malnutrition and NFPE? Contact us about being a host hospital for a one- or two-day workshop.



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Clinical Nutrition Operations Assessment *Improve Patient Outcomes*

What's the benefit of "another set of eyes" looking at your clinical nutrition programs?

- Empower the Registered Dietitian Nutritionist (RDN)!
- Ensure departmental best practice for best patient care!
- Maintain regulatory compliance!
- Positively impact team culture!
- Invest in your dietitians!

WE PROVIDE

Onsite and virtual education, coaching and mentorship:

- Review and assessment of current Clinical Nutrition Services including but not limited to:
 - Regulatory standards
 - Policy and procedures
 - Job descriptions, staffing, and productivity
 - Quality assurance and quality improvement
 - Budgets, monitoring revenue and expenses, and business plans
- Best practice training in patient care and dietetics
- Educating, training, and coaching for your dietitians on all aspects of patient care and job performance.
- Destination10 - Executive leadership and management coaching

VALUE ADDED QUALITY OUTCOMES

- Accurately reflect Severity of Illness (SOI), Risk of Mortality (ROM), and Case Mix Index (CMI) score
- Best practice in patient screening, assessment, and overall care
- More efficient workplace
- Improve team culture and focus on value of RDN
- Increase employee job satisfaction, productivity, and retention
- Improved documentation and coding



Contact Us Today!

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